

# WorkWell Update

# What is the WorkWell Program:

WorkSafe's WorkWell Program supports workplace leaders to prevent mental injury and promote safe and mentally healthy workplaces by providing access to tools and resources, funding and networking opportunities.

If you want to know more about WorkWell go to www.workwell.vic.gov.au

We received funding for 2 years to work with DELWP to develop 1 or more interventions that address workplace or work environmental factors that are hazardous to mental health.

The project guidelines require that the interventions be primary, ie. they go to the source of the problem rather than address the problem downstream, and meet 6 funding principles:

## 1. Prevention focused

Promote mental health and prevent mental injury and illness amongst the identified P

## 2. Create systems level change

Drive systems level change in workplace cultures and practices at ah industry and sector level.

## 3. Working in partnership

Collaborations and partnerships that combine expertise, knowledge and resources to achieve the shared goals. We are working in collaboration with DELWP and RMIT.





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#### 4. Sustainable

Programs/approaches will have long term impacts well beyond the period of funding.

#### 5. Knowledge created and disseminated

Encouragement is given to projects that create new knowledge and evidence about workplace mental health and wellbeing; and

#### 6. Encourage innovation

Programs/approaches trial news of working to solve problems, especially those that can be expanded and scaled up, or that have been demonstrated to be successful and can be trialled in new industries, sectors and target groups.

